

INDIA BOATING

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SAILING, A PASSION

You've heard of money, business careers, political power and all the rest of it, but have you ever heard of sailing and what it can do to change your life for the better? The security of a job, a career or profession is just not enough. Sailing can change that empty feeling, fill you with renewed vigor and give you an ongoing reason for making the most of your life.

What can sailing do for you?

Here are just a few advantages of sailing:

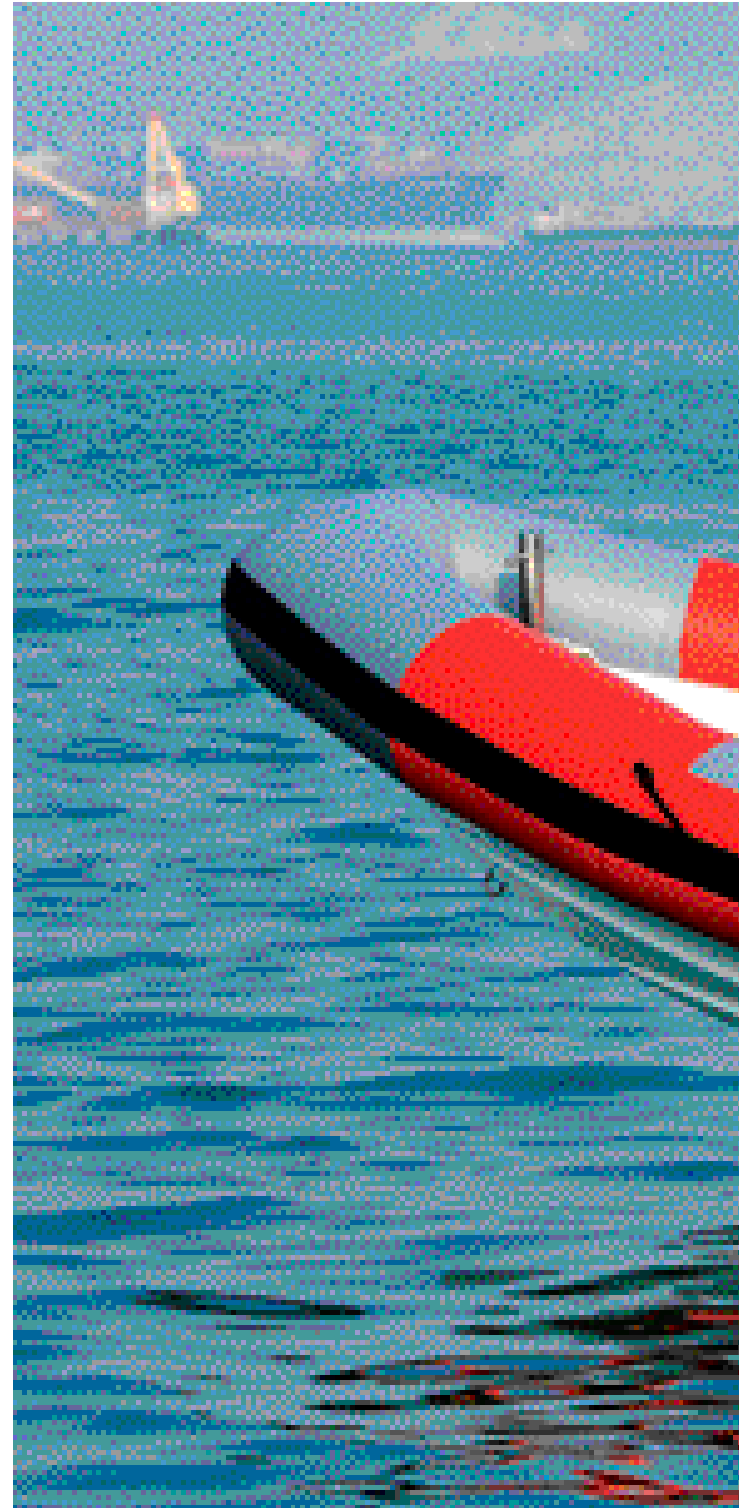
- Sailing is an adventure
- Sailing gives you new and strong friendships
- Sailing is freedom
- Sailing gives you more confidence
- Sailing stimulates your imagination and creativity
- Sailing keeps you more enthused about life
- Sailing motivates you to plan ahead for your future
- Sailing keeps you fit and firing at all cylinders
- Sailing develops your competitive skills
- Sailing connects you with the elements
- Sailing gives you an objective in life

Sailing is a dream. How can it be attained?

Sailors are people from all walks of life. Go and do it. Find a sailing dinghy that suits your size and your waters and explore the challenges that it offers. There is a boat for

every budget. Whether you refit an old derelict craft, build your own or buy a new boat, soon you're out there discovering a new world and discovering things about yourself you thought were not possible. From high tech speed machines to simply constructed traditional craft, there is simply a sailing boat to suit everybody. Soon you find out what an incredible variety sailing can offer. Slow, fast, technical, traditional, inshore, offshore, daytrips or overnight, cruising the neighbourhood or navigating around the world, leisure or racing it is all included for you to choose and run with.

Successful sailors have usually started to sail in small dinghies on sheltered inshore waters. Basic sailing skills are a combination of balance, sense of direction and knowing where the wind comes from. Small boats, simply rigged are a delight to sail for young and old. Nor do you need a lot of time or money, just go for a spin around the lake and enjoy the freedom.



Sail for leisure or to compete.

There are a variety of small and bigger boats that race as one design classes, meaning that the boats are more or less equal making a combination of skills and talent of skipper and crew the decisive factor. From small boat racing



to big boat racing requires more skills and the desire to go out on offshore waters which can be treacherous and unpredictable. Bigger yachts race under handicap systems leaving more room to design and innovation. Offshore the skill to navigate must be mastered,

another interesting aspect to sailing. Perhaps a larger number of sailors prefer cruising to racing. They take their yachts out on lakes, seas and oceans and share their passion with family and friends. They find their challenges to take their yachts further sometimes beyond their

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wildest imaginations on lifetime circumnavigations.

How do you get sailing going for you?

Simply go to the internet and search for SAILING. You will be amazed about the variety of information. Sailing schools are the obvious starting points whether in the format of home learning or full fledged sailing academies. There is a wealth of literature, which can trigger your curiosity or satisfy your urge to learn more about the many aspects of this fascinating lifestyle sport. Go and visit the International Regatta in Qingdao from 18-31

August this summer. Here you will see a selection of the world's best dinghy sailors battling it out on the water. Think about sailing a lot and develop a desire to get on the water to sail. When you have done your homework, make a simple plan with steps to fulfill your sailing ambition. When you achieve the first step of your plan, begin at once to move to the next one. Unfortunately many give up too soon. Instead fan the flames of your dreams and continue on the path to hone your sailing and seamanship skills. Visualise yourself as a master mariner and continue to make it happen!

Dreams come true!

Many people all over the world, including severely handicapped ones have experienced the unique thrill of sailing their own craft. There is no reason why you cannot be the captain of your ship. But to achieve what you want you must know what kind of sailing suits you best, build a strong desire to go out and do it and work out a plan with clear steps to achieve your sailing ambitions. I'll be betting on you and know you can make sailing your reality. There is nothing quite like it! **IB**

Author
Bart Kimman
is a yachtsman by passion. He grew up in a yachting environment and developed his sailing skills from a very young age. He sees the emerging yachting scene in Asia as a great challenge and is keen to assist the new boaters to get on the water!

